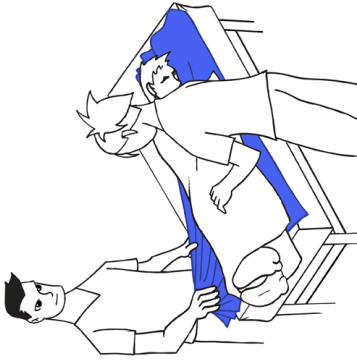
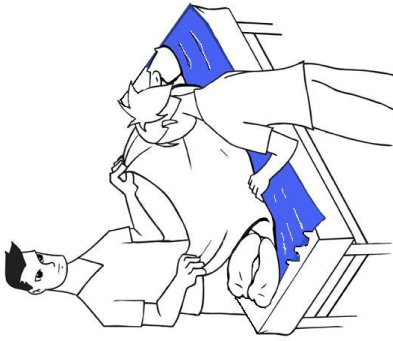


PATTRAN-REPOSITIONING



INSTRUCTIONS

- 1) The illustrations are not exact in detail but promote understanding.
- 2) Follow your hospital safety procedures for repositioning patients.
- 3) Never pull directly on the PATTRAN to move a patient. Use the sheet.
- 4) The patient has slid down in bed and needs to be repositioned.
- 5) Move the bed into the level flat position and **LOCK THE WHEELS.**
- 6) Free the sheet from under the mattress or pad on all sides.
- 7) With one person on each side of the bed, and using the sheet, pad, or chuck, log roll the patient on his side. The bed rail (not shown) should be up on the side the patient is rolled towards. If the patient cannot be log rolled go to step 8.
- 8) Place the PATTRAN next to the patient between the sheet and the mattress. Tuck the PATTRAN under and past the patient to the other side, like changing sheets.
- 9) If the patient can be log rolled and it's easier, log roll them again as per the illustration and pull the PATTRAN out on the other side. For extremely large patients, you may have to use two PATTRANS.
- 10) Straighten out the PATTRAN so that it is under the patient's entire body (or at least from just below the hips to the top of the head).
This document prints landscape on legal size paper with .4" margins.
- 11) Both caregivers stand towards the head of the bed.
- 12) Roll up the edge of the sheet a little to provide a better handhold and prevent tearing.
- 13) Pull on the sheet moving it and the patient towards the head of the bed (consult your safety or ergonomics advisors on the best posture for pulling).
- 14) Move the patient into the desired position.
- 15) Remove the PATTRAN per step 12 on the other side of this sheet.

- 16) Adjust the linen under the patient and tuck it under the mattress again.
- 17) Reposition the bed as desired
- 18) Fold the PATTRAN and store it near the patient for reuse with that patient or throw it away (per established policy).

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SINGLE PATIENT USE